

The Fahn-Marsden (BFM) Scale: Movement Scale

Region	Provoking factor	Severity	Weight factor	Product	
Eyes	0-4	X	0-4	0.5	0-8
Mouth	0-4	X	0-4	0.5	0-8
Speech					
Swallow	0-4	X	0-4	1.0	0-16
Neck	0-4	X	0-4	0.5	0-8
R arm	0-4	X	0-4	1.0	0-16
L arm	0-4	X	0-4	1.0	0-16
Trunk	0-4	X	0-4	1.0	0-16
R leg	0-4	X	0-4	1.0	0-16
L leg	0-4	X	0-4	1.0	0-16
				Sum:	
				Maximum=120	

<p>I. Provoking Factor</p> <p>A. General</p> <ol style="list-style-type: none"> 0. No dystonia at rest or with action 1. Dystonia only with particular action 2. Dystonia with many actions 3. Dystonia on action of distant part of body or intermittently at rest 4. Dystonia present at rest <p>B. Speech and swallowing</p> <ol style="list-style-type: none"> 0. Occasional, either or both 1. Frequent either 2. Frequent one and occasional other 3. Frequent both <p>II. Severity Factors</p> <p>Eyes</p> <ol style="list-style-type: none"> 0. No dystonia 1. Slight. Occasional blinking 2. Mild. Frequent blinking without prolonged spasms of eye closure 3. Moderate. Prolonged spasms of eyelid closure, but eyes open most of the time 4. Severe. Prolonged spasms of eyelid closure, with eyes closed at least 30% of the time <p>Mouth</p> <ol style="list-style-type: none"> 0. no dystonia present 1. Slight. Occasional grimacing or other mouth movements (e.g., jaw opened or clenched; tongue movement) 2. Mild. Movement present less than 50% of the time 3. Moderate dystonic movements or contractions present most of the time 4. Severe dystonic movements or contractions present most of the time 	<p>Speech and swallowing</p> <ol style="list-style-type: none"> 0. Normal 1. Slightly involved; speech easily understood or occasional choking 2. Some difficulty in understanding speech or frequent choking 3. Marked difficulty in understanding speech or inability to swallow firm foods 4. Complete or almost complete anarthria, or marked difficulty swallowing soft foods and liquids <p>Neck</p> <ol style="list-style-type: none"> 0. No dystonia present 1. Slight. Occasional pulling 2. Obvious torticollis, but mild 3. Moderate pulling 4. Extreme pulling <p>Arm</p> <ol style="list-style-type: none"> 0. No dystonia present 1. Slight dystonia. Clinically insignificant 2. Mild. Obvious dystonia, but not disabling 3. Moderate. Able to grasp, with some manual function 4. Severe. No useful grasp <p>Trunk</p> <ol style="list-style-type: none"> 0. No dystonia present 1. Slight bending; clinically insignificant 2. Definite bending, but not interfering with standing or walking 3. Moderate bending; interfering with standing or walking 4. Extreme bending of trunk preventing standing or walking <p>Leg</p> <ol style="list-style-type: none"> 0. No dystonia present 1. Slight dystonia, but not causing impairment; clinically insignificant 2. Mild dystonia. Walks briskly and unaided 3. Moderate dystonia. Severely impairs walking or requires assistance 4. Severe. Unable to stand or walk on involved leg
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